Wellness and Health

5 A Day Challenge Kickoff





One of the many displays at the 5 A Day Challenge kickoff nutrition fair. Have you had your five today?





The event was colorful and energetic - challenging staff to eat better.





These peas in a pod were part of an array of colorful, healthy food characters that were part of the displays at the 5 A Day Challenge kickoff nutrition fair.



The "fruit and vegetable scavenger hunt" took participants from station to station as they tried to find the hidden fruits and vegetables in the exhibits.



A nutrition fair visitor tries to guess one of the foods in the "fruit and vegetable scavenger hunt."





Delanor Manson addresses staff during the kickoff.





Secretary Holsinger speaks at the kickoff.





Produce man came to the event to encourage us all to eat healthier.





Produce man mingles with the crowd.





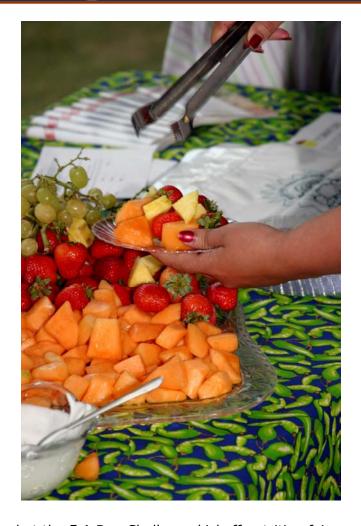
Visitors seem to enjoy the event.





A nutrition fair attendant greets visitors with a smile.





Healthy fruit and vegetables were served at the 5 A Day Challenge kickoff nutrition fair.





Jill Pfankuch is the new CHFS Employee Health and Wellness Promotion Coordinator.

